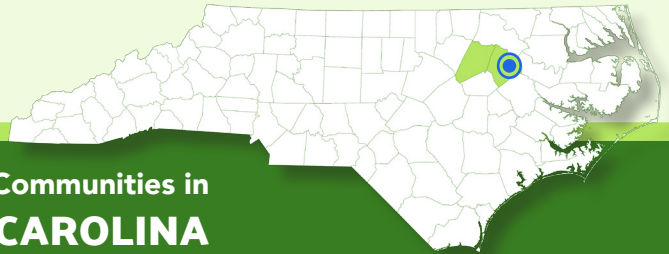




North Carolina **Food is Medicine** Snapshot

Conetoe Family Life Center

Conetoe, NC 



Serving Rural Communities in EASTERN NORTH CAROLINA

■ FOOD INTERVENTIONS

- Fresh food box

■ FOOD ACCESS POINTS

- Delivery
- Clinic/health care center
- Community pick-up site

■ FOOD SOURCES

- Food donation
- Food bank
- Direct from local farms including farms owned by Black or other farmers of color

■ HEALTH CARE PARTNERS

- Community health center
- Hospital
- Outpatient practice/clinic

Conetoe Family Life Center works to improve the health of youth and the community by increasing access to healthy foods, physical activities, and health services. The organization operates a farm and beekeeping yard, youth development programs, and food security efforts in rural, Eastern North Carolina. Through the organization's Food is Medicine program, a partnership with a large university health system, it supplies customized food boxes with wrap-around health and wellness information. This includes distribution from their farm, at health care sites, and directly to patients' homes. [Learn more.](#)

"Farming is what we do, but human development is who we are. Through our Food Is Medicine program, Conetoe Family Life Center is investing in sustainably improving the mental, physical, and spiritual health of our community."

